

FSC 2026: Session: 1: COACH evaluation sheet for TEAM: ASP

Coachinfo: Warming up from: 08:00 untill 09:15. Teamleadmeeting @ The listed starttimes are indicative!

PB => Personal Best time

SB => Seasons Best time: Season starting point: first of September.

Event number: 1: 100M BUTTERFLY MEN **Heat:7, starttime: 09:39**

Heat: 7/9 Lane : 4 Athlete: CRISTIAN LAPADAT **Q-time: 00:53:94**

PB (50m pool):		PB (25m pool):		SB:
	5 0 M	1 0 0 M		
PB				
		

Coach feedback:

Event number: 1: 100M BUTTERFLY MEN **Heat:9, starttime: 09:42**

Heat: 9/9 Lane : 3 Athlete: DUMITRACHE TOBIAS **Q-time: 00:55:16**

PB (50m pool):		PB (25m pool):		SB:
	5 0 M	1 0 0 M		
PB				
		

Coach feedback:

Event number: 5: 100M BREASTSTROKE MEN **Heat:7, starttime: 10:32**

Heat: 7/9 Lane : 3 Athlete: MATEI VLAD ALEXANDRU **Q-time: 01:04:69**

PB (50m pool):		PB (25m pool):		SB:
	5 0 M	1 0 0 M		
PB				
		

Coach feedback:

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Event number: 9: 50M FREESTYLE MEN		Heat:8, starttime: 11:20
Heat: 8/12 Lane : 3 Athlete: GRIGORAS ALEXANDRU NIC		Q-time: 00:24:38
PB (50m pool):		PB (25m pool): SB:
5 0 M		
PB		
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Coach feedback:

Event number: 9: 50M FREESTYLE MEN		Heat:11, starttime: 11:23
Heat: 11/12 Lane : 8 Athlete: SIMION MATEI		Q-time: 00:24:10
PB (50m pool):		PB (25m pool): SB:
5 0 M		
PB		
.....		

Coach feedback:

Event number: 9: 50M FREESTYLE MEN		Heat:12, starttime: 11:24
Heat: 12/12 Lane : 2 Athlete: CRISTIAN LAPADAT		Q-time: 00:23:51
PB (50m pool):		PB (25m pool): SB:
5 0 M		
PB		
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Coach feedback: